# 2024 Current Fiscal Year Report: Nonprescription Drugs Advisory Committee

Report Run Date: 04/19/2024 11:50:46 AM

1. Department or Agency 2. Fiscal Year

Department of Health and Human

Services

14c.

3b. GSA Committee
3. Committee or Subcommittee

No.

2024

Nonprescription Drugs Advisory

Committee

984

4. Is this New During 5. Current 6. Expected 7. Expected Fiscal Year? Charter Renewal Date Term Date

No 08/27/2023 08/27/2025

8a. Was Terminated During 8b. Specific Termination Authority 8c. Actual Term Date

No

9. Agency 10b.

Recommendation for Next Req to Terminate?

| Continuous Continuous

Continue Not Applicable Not Applicable

11. Establishment Authority Authorized by Law

12. Specific 13. 14.

Establishment Effective Commitee Presidential?

Authority Date Type

21 U.S.C. 394 11/28/1990 Continuing No

**15. Description of Committee** Scientific Technical Program

**Advisory Board** 

16a. Total

No Reports for this FiscalYear

Reports

17a.

Open 0 17b. Closed 0 17c. Partially Closed 0 Other Activities 0 17d. Total 0

**Meetings and Dates** 

No Meetings

	<b>Current Next</b>	
	FY	FY
18a(1). Personnel Pmts to	ድር ር	<u>ሰ</u> ቀለ ለሰ
Non-Federal Members	φυ.υ	0\$0.00
18a(2). Personnel Pmts to	<b>ድ</b> በ በ	0\$0.00
Federal Members	φυ.υ	υ φυ.υυ
18a(3). Personnel Pmts to	\$0.0	0\$0.00
Federal Staff	ψ0.0	υ ψυ.υυ
18a(4). Personnel Pmts to	\$0.0	0\$0.00
Non-Member Consultants	ψ0.0	ο ψο.οο
18b(1). Travel and Per Diem to	\$0.0	0\$0.00
Non-Federal Members	ψ0.0	ο ψο.οο
18b(2). Travel and Per Diem to	\$0.0	0\$0.00
Federal Members	ψ0.0	ο ψο.οο
18b(3). Travel and Per Diem to	\$0.0	0\$0.00
Federal Staff	ψ0.0	ο ψο.οο
18b(4). Travel and Per Diem to	\$0.0	0\$0.00
Non-member Consultants	ψ0.0	ο ψο.σο
18c. Other(rents,user charges,	\$0 O	0\$0.00
graphics, printing, mail, etc.)	ψ0.0	ο ψο.σο
18d. Total	\$0.0	0\$0.00
19. Federal Staff Support Years	0.0	0.00
(FTE)	0.0	0.00

# 20a. How does the Committee accomplish its purpose?

The Committee reviews and evaluates available data concerning the safety and effectiveness of over-the-counter (nonprescription) human drug products, or any other FDA-regulated product, for use in the treatment of a broad spectrum of human symptoms and diseases and advises the Commissioner either on the promulgation of monographs establishing conditions under which these drugs are generally recognized as safe and effective and not misbranded or on the approval of new drug applications for such drugs. The Committee serves as a forum for the exchange of

views regarding the prescription and nonprescription status, including switches from one status to another, of these various drug products and combinations thereof. The Committee may also conduct peer review of agency sponsored intramural and extramural scientific biomedical programs in support of FDA's mission and regulatory responsibilities.

# 20b. How does the Committee balance its membership?

Members and the Chair are selected by the Commissioner or designee from among authorities knowledgeable in the fields of internal medicine, family practice, clinical toxicology, clinical pharmacology, pharmacy, dentistry, and related specialties. The core of voting members may include one technically qualified member, selected by the Commissioner or designee, who is identified with consumer interests and is recommended by either a consortium of consumer-oriented organizations or other interested persons. In addition to the voting members, the Committee may include one non-voting member who is identified with industry interests.

## 20c. How frequent and relevant are the Committee Meetings?

In FY-23, the Committee held 3 meetings. On February 15, 2023, the Nonprescription Drugs Advisory Committee and the Anesthetic and Analgesic Drug Products Advisory Committee met jointly to discuss supplemental new drug application 208411/S–006, for NARCAN (naloxone hydrochloride) nasal spray, 4 mg/0.1 mL, submitted by Emergent BioSolutions Inc. NARCAN is proposed for nonprescription treatment of known or suspected opioid overdose,

as manifested by respiratory and/or central nervous system depression. The issues for discussion was on the adequacy of the data supporting the nonprescription application. This product represents a potential first in class product in a new therapeutic category for nonprescription drugs. The members unanimously (19 to 0) agreed that the benefit profile of Narcan Nasal Spray was supportive of its use as a nonprescription opioid overdose reversal agent. Agency Action: On March 29, 2023, the Agency approved Narcan, 4 milligram (mg) naloxone hydrochloride nasal spray for over-the-counter (OTC), nonprescription, use – the first naloxone product approved for use without a prescription. Naloxone is a medication that rapidly reverses the effects of opioid overdose and is the standard treatment for opioid overdose. On May 9-10, 2023, the Nonprescription Drugs Advisory Committee and the Obstetrics, Reproductive and Urologic Drugs Advisory Committee met to discuss supplemental new drug application (sNDA) 017031/S-041, for OPILL (norgestrel) Tablet, 0.075 mg, submitted by Laboratoire HRA Pharma. OPILL was proposed for nonprescription use as a once daily oral contraceptive to prevent pregnancy. The members unanimously (17 to 0) agreed that there was adequate information to conclude that the majority of consumers will be likely to use norgestrel tablet properly, such that the benefits of making this available for nonprescription use exceed the risks. Agency Action: On July 13, 2023, the Agency approved Opill (norgestrel) tablet for nonprescription use to prevent pregnancy— the first daily oral contraceptive approved for use in the U.S. without a prescription. Approval of this progestin-only oral contraceptive pill provides an option for consumers to purchase oral contraceptive

medicine without a prescription at drug stores, convenience stores and grocery stores, as well as online. On September 11-12, 2023, the Nonprescription Drugs Advisory Committee discussed new data regarding the 'Generally Recognized as Safe and Effective' (GRASE) status of oral phenylephrine as a nasal decongestant that have become available since FDA last examined the issue. The Committee members were unanimously in agreement (16 to 0) that the current scientific data do not support that the monograph dosage of orally administered phenylephrine is effective as a nasal decongestant. Agency Action: The Agency is still reviewing recommendations made at the meeting. It is expected that the Committee will meet 1 time during FY-24.

# 20d. Why can't the advice or information this committee provides be obtained elsewhere?

Members of the Committee are drawn from academia, research and/or clinical practice. Their advice and input lends credibility to FDA regulatory decisions. The alternate means of obtaining this advice would involve the recruitment of large numbers of scientist on a full-time basis at a maximum rate of compensation.

# 20e. Why is it necessary to close and/or partially closed committee meetings?

The Committee held no closed meetings during FY-23.

#### 21. Remarks

There were no reports required for this Committee in FY-23.

### **Designated Federal Officer**

Moon Choi Designated Federal Officer

Committee Members	Start	End	Occupation	Member Designation
Baron, Elma	06/01/2016	05/31/2024	Professor of Dermatology Case Western Reserve University School of Medicine	•
Brittain, Kristy	06/01/2023	05/31/2027	Professor, Medical University of South Carolina College of Pharmacy	Special Government Employee (SGE) Member
Clement, Stephen	06/01/2021	05/31/2025	Medicine; Practicing Physician, INOVA Fairfax	Special Government Employee (SGE) Member
Dato, Mark	11/01/2019	10/31/2023	Hospital Retired: Director, Global Technology, Procter and Gamble Healthcare Clinical	Representative Member
Ginsburg, Diane	06/01/2022	05/31/2026	Professor, Pharmacy Practice Division; Associate Dean for Healthcare Partnerships The University of Texas at Austin, College of Pharmacy	Special Government Employee (SGE) Member

King, Tonya	06/01/2016	05/31/2024	Professor of Biostatistics, Department of Public Health Sciences The Pennsylvania State University College of Medicine	Special Government
Parker, Ruth	06/01/2020	05/31/2024	Professor Emerita of Medicine Sr. Fellow, Center for Ethics Emory University	Special Government Employee (SGE) Member
Pisarik, Paul	06/01/2020	05/31/2024	Geriatric Physician Archwell Health Professor of	Special Government Employee (SGE) Member
Roth, Katalin	06/01/2021	05/31/2025	Medicine, Division of Geriatrics and Palliative Medicine, Medical Faculty Associates The George Washington University School of Medicine and Health	Special Government Employee (SGE) Member
Walker-Harding, Leslie	06/01/2022	05/31/2026	Sciences Ford/Morgan Endowed Professor & Chair, Department of Pediatrics, Associate Dean, University of Washington; Chief Academic Officer & Senior Vice President, Seattle Children's Hospital	Special Government Employee (SGE) Member

#### **Narrative Description**

FDA's strategic priorities in responding to the public health challenges of the 21st century are to advance regulatory science and innovation; strengthen the safety and integrity of the global supply chain; strengthen compliance and enforcement activities to support public health; expand efforts to meet the needs of special populations; advance medical countermeasures and emergency preparedness; advance food safety and nutrition; promote public health by advancing the safety and effectiveness of medical products; establish an effective tobacco regulation, prevention, and control program; and manage for organizational excellence and accountability. The Nonprescription Drugs Advisory Committee supports FDA's strategic priorities by reviewing and evaluating available data concerning the safety and effectiveness of over-the-counter (nonprescription) human drug products, or any other FDA-regulated product, for use in the treatment of a broad spectrum of human symptoms and diseases and advises the Commissioner of Food and Drugs either on the promulgation of monographs establishing conditions under which these drugs are generally recognized as safe and effective and not misbranded or on the approval of new drug applications for such drugs. The Committee will serve as a forum for the exchange of views regarding the prescription and nonprescription status, including switches from one status to another, of these various drug products and combinations thereof. The Committee may also conduct peer review of agency sponsored intramural and extramural scientific biomedical programs in support of FDA's mission and regulatory responsibilities. This support the development of safe and effective new medical technologies, and advances the status of the Agency as a science-based and science-led regulatory agency, providing global leadership in the protection of public health.

What are the most significant program outcomes associated with this committee?

Checked if Applies

Improvements to health or safety	✓
Trust in government	✓
Major policy changes	✓
Advance in scientific research	✓
Effective grant making	
Improved service delivery	
Increased customer satisfaction	✓
Implementation of laws or regulatory	::/
requirements	( <b>X</b> .:
Other	
Outcome Comments	
N/A	
What are the cost savings associated w	vith this committee?
	Checked if Applies
None	
Unable to Determine	✓
Under \$100,000	
\$100,000 - \$500,000	
\$500,001 - \$1,000,000	
\$1,000,001 - \$5,000,000	

### **Cost Savings Comments**

\$5,000,001 - \$10,000,000

Over \$10,000,000

Cost Savings Other

The utilization of the Non-Prescription Drugs Advisory Committee enabled the Agency to obtain required and frequently scarce professional services from medical and scientific experts not otherwise available to the Agency and to obtain the services of these experts only on an as needed basis rather than on a full time basis. The service of the Committee resulted in advice for the improvement of the public health, for which it is difficult to assign a financial value.

What is the approximate <u>Number</u> of recommendations produced by this committee for the life of the committee?

#### **Number of Recommendations Comments**

The Committee made 20 recommendations from FY-03 through FY-23.

What is the approximate <u>Percentage</u> of these recommendations that have been or will be <u>Fully</u> implemented by the agency?

84%

### % of Recommendations Fully Implemented Comments

The function of an advisory committee is purely advisory in nature. Although the FDA most often accepts the recommendations from its committees, the advice is purely advisory in nature, therefore, the Agency has the option of not implementing the advice. This number represents an approximation of the percentage of recommendations that the agency has fully implemented or plans to fully implement.

What is the approximate <u>Percentage</u> of these recommendations that have been or will be <u>Partially</u> implemented by the agency?

10%

### % of Recommendations Partially Implemented Comments

The function of an advisory committee is purely advisory in nature. Although the FDA most often accepts the recommendations from its committees, the advice is purely advisory in nature, and therefore, the Agency has the option of not implementing the advice.

Does the agency provide the committee with feedback regarding actions taken to
implement recommendations or advice offered?

Yes	Y	No	Not Ap	plicable	

#### **Agency Feedback Comments**

Product approval issues are first released to the sponsor. When appropriate, information is made available to the public. Actions related to guidance documents or other general matters issues are available publicly when implemented.

## What other actions has the agency taken as a result of the committee's advice or recommendation?

	Checked if Applies
Reorganized Priorities	✓
Reallocated resources	✓
Issued new regulation	<b>~</b>

Proposed legislation Approved grants or other payments Other				
Action Comments				
FDA approves or chooses not to approve new medical product	S.			
Is the Committee engaged in the review of applications for grants?				
Grant Review Comments N/A				
How is access provided to the information for the Committ	ee's documentation?			
Checked if Ap	plies			
Contact DFO	✓			
Online Agency Web Site	✓			
Online Committee Web Site	✓			
Online GSA FACA Web Site	✓			
Publications	✓			
Other				
Access Comments N/A				
I <b>V</b> / 🔼				