

## 2018 Current Fiscal Year Report: 2018 Physical Activity Guidelines Advisory Committee

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<b>1. Department or Agency</b>	<b>2. Fiscal Year</b>
Department of Health and Human Services	2018
<b>3. Committee or Subcommittee</b>	<b>3b. GSA Committee No.</b>
2018 Physical Activity Guidelines Advisory Committee	31900

<b>4. Is this New Fiscal Year?</b>	<b>5. Current Charter</b>	<b>6. Expected Renewal Date</b>	<b>7. Expected Term Date</b>
No	06/01/2016	06/01/2018	

<b>8a. Was Terminated During Fiscal Year?</b>	<b>8b. Specific Termination Authority</b>	<b>8c. Actual Term Date</b>
Yes	Internal HHS Memo, dated 3-16-2018	02/22/2018

<b>9. Agency Recommendation for Next Fiscal Year</b>	<b>10a. Legislation Req to Terminate?</b>	<b>10b. Legislation Pending?</b>
Terminate	No	Not Applicable

**11. Establishment Authority** Authorized by Law

<b>12. Specific Establishment Authority</b>	<b>13. Effective Date</b>	<b>14. Committee Type</b>	<b>14c. Presidential?</b>
42 U.S.C. 217a, Section 222 of the Public Health Service Act, as amended	10/17/1962	Ad hoc	No

**15. Description of Committee** Scientific Technical Program Advisory Board

**16a. Total Number of Reports** 1

<b>16b. Report Date</b>	<b>Report Title</b>
02/22/2018	2018 Physical Activity Guidelines Advisory Committee Scientific Report

**Number of Committee Reports Listed: 1**

**17a.** 1 **17b. Closed** 0 **17c. Partially Closed** 0 **Other Activities** 0 **17d. Total** 1  
**Open**

**Meetings and Dates**

<b>Purpose</b>	<b>Start</b>	<b>End</b>
The purpose of this 5th and last meeting of the PAGAC was for the 9 subcommittees, the Pregnancy Work Group, and the Fitness Work Group to report out and discuss with the whole committee their findings and conclusions in regard to their systematic review of the scientific literature on their questions. In addition, they had in-depth discussions on a variety of topics that will be included in their report to the HHS Secretary: transition issues, youth to adults, and adults to older adults; sedentary behavior; resistance training; special populations; and safety.	10/17/2017	10/20/2017

**Number of Committee Meetings Listed: 1**

	<b>Current FY</b>	<b>Next FY</b>
<b>18a(1). Personnel Pmts to Non-Federal Members</b>	\$0.00	\$0.00
<b>18a(2). Personnel Pmts to Federal Members</b>	\$0.00	\$0.00
<b>18a(3). Personnel Pmts to Federal Staff</b>	\$217,629.00	\$0.00
<b>18a(4). Personnel Pmts to Non-Member Consultants</b>	\$0.00	\$0.00
<b>18b(1). Travel and Per Diem to Non-Federal Members</b>	\$29,534.00	\$0.00
<b>18b(2). Travel and Per Diem to Federal Members</b>	\$0.00	\$0.00
<b>18b(3). Travel and Per Diem to Federal Staff</b>	\$3,530.00	\$0.00
<b>18b(4). Travel and Per Diem to Non-member Consultants</b>	\$0.00	\$0.00
<b>18c. Other(rents,user charges, graphics, printing, mail, etc.)</b>	\$368,074.00	\$0.00
<b>18d. Total</b>	\$618,767.00	\$0.00

**19. Federal Staff Support**

1.95 0.00

**Years (FTE)****20a. How does the Committee accomplish its purpose?**

The Committee initially determined the topic areas that it explored through systematic reviews of the scientific literature on relation of physical activity to a variety of health outcomes and then formed 9 subcommittees around those topic areas. The subcommittees utilized a state-of-the-art systematic review process to review, evaluate, and synthesize published, peer-reviewed research. Its rigorous, protocol-driven methodology is designed to maximize transparency and minimize bias. For some topics, the Committee utilized existing high-quality reports from leading scientific organizations or Federal agencies or existing systematic review or meta-analyses to prevent duplication of effort. The summary of its work was documented in its report to the Secretary.

**20b. How does the Committee balance its membership?**

Every effort was made to ensure that the Committee membership is fairly balanced in terms of points of view represented for the Committee's function. In the selection process, consideration was given to ensure a broad representation of geographic areas, academic institutions, gender, race, ethnicity, and disability to the extent possible. The Committee consists of respected published experts in designated fields and specific specialty areas. Members have demonstrated expert knowledge of current science in the field of human physical activity and health promotion or the prevention of chronic disease. They have experience in one or more of the following specific

specialty areas related to physical activity: health promotion and chronic disease prevention; bone, joint, and muscle health and performance; obesity and weight management; physical activity and risk of musculoskeletal injury; physical activity and cognition; physical activity within specific settings, such as preschool/childcare, schools (e.g. activity breaks, physical education), or the community/built environment; physical activity dose-response; sedentary behavior; behavior change; systematic reviews; and special populations including children, older adults, or individuals with disabilities.

**20c. How frequent and relevant are the Committee Meetings?**

The Committee was established to perform a specific, time-limited task. The 2018 Committee's first meeting was in July, 2016 and held a total of 5 meetings to accomplish its mission, 3 in FY 2017 (held 10/27-28/2016; 3/23/2017 and 7/19-21/2017) and 1 in FY 2018 (10/17-20/2017).

**20d. Why can't the advice or information this committee provides be obtained elsewhere?**

The Committee was established to provide up-to-date expert evaluation of the science through extensive systematic literature reviews to support the development of Physical Activity Guidelines for Americans. There is no other existing source of this information.

**20e. Why is it necessary to close and/or partially closed committee meetings?**

N/A

**21. Remarks**

The Committee was initially established in June 2007 to review existing scientific literature to

identify sufficient evidence to develop a comprehensive set of specific physical activity recommendations. The Committee reviewed and evaluated the scientific evidence relating physical activity to health outcomes for the general population and selected subgroups. In May 2008, the Committee submitted its recommendations in its report to the HHS Secretary documenting the scientific background and rationale for the "2008 Physical Activity Guidelines for Americans" and then was terminated. The Committee was re-established in June 2016 to review the 2008 PAG and conduct evidence-based systematic literature reviews of physical activity and health topics. It developed a report and submitted it on 2/22/18 to the Secretary of recommendations for new or revised physical activity guidelines; the Committee's report can be found at <https://health.gov/paguidelines/second-edition/report.aspx>. The Committee was then terminated as per its charter. HHS will take these recommendations along with comments from Federal agencies and the public on the committee's report and develop the 2nd edition of the "Physical Activity Guidelines for Americans" which is planned to be released in late 2018.

## Designated Federal Officer

Richard Olson DFO

Committee Members	Start	End	Occupation	Member Designation
Buchner, David	06/23/2016	02/22/2018	Professor of Applied Health Sciences, Department of Kinesiology and Community Health at the University of Illinois	Special Government Employee (SGE) Member

Campbell, Wayne	06/23/2016	02/22/2018	Professor, Department of Nutrition Science and Adjunct Faculty, Department of Health and Kinesiology at Purdue University Professor and Chair, Department of Exercise and Nutrition Sciences, the Milken Institute School of Public Health at The George Washington University Associate Professor, Departments of Psychology and Geriatric Medicine at the University of Pittsburgh, working in the Center for the Neural Basis of Cognition within the Center for Neuroscience	Special Government Employee (SGE) Member
DiPietro, Loretta	06/23/2016	02/22/2018	Associate Professor, Departments of Psychology and Geriatric Medicine at the University of Pittsburgh, working in the Center for the Neural Basis of Cognition within the Center for Neuroscience	Special Government Employee (SGE) Member
Erickson, Kirk	06/23/2016	02/22/2018	Professor, Department of Psychology and Department of Health Sciences, Northeastern University Professor, Department of Health and Physical Activity, and Director of the Physical Activity and Weight Management Research Center at the University of Pittsburgh	Special Government Employee (SGE) Member
Hillman, Charles	06/23/2016	02/22/2018	Professor, Department of Health and Physical Activity, and Director of the Physical Activity and Weight Management Research Center at the University of Pittsburgh	Special Government Employee (SGE) Member
Jakicic, John	06/23/2016	02/22/2018	Professor, Department of Health and Human Physiology and Department of Epidemiology, University of Iowa	Special Government Employee (SGE) Member

Katzmarzyk, Peter	06/23/2016	02/22/2018	Professor and Associate Executive Director for Population and Public Health Sciences at the Pennington Biomedical Research Center	Special Government Employee (SGE) Member
King, Abby	06/23/2016	02/22/2018	Professor of Health Research & Policy and Medicine at Stanford University School of Medicine	Special Government Employee (SGE) Member
Kraus, William	06/23/2016	02/22/2018	Professor, Division of Cardiology, Department of Medicine at Duke University. Director, Translational Research at the Duke Molecular Physiology Institute and the Duke Center for Living	Special Government Employee (SGE) Member
Macko, Richard	06/23/2016	02/22/2018	Professor of Neurology, Medicine, Physical Therapy and Rehabilitation Science at University of Maryland School of Medicine; Research Director for Veterans Affairs Maryland, Geriatrics Research, Educational, and Clinical Center	Special Government Employee (SGE) Member
Marquez, David	06/23/2016	02/22/2018	Director, Exercise Psychology Laboratory at the University of Illinois at Chicago	Special Government Employee (SGE) Member
McTiernan, Anne	06/23/2016	02/22/2018	Full Member at the Fred Hutchinson Cancer Research Center; Research Professor at the University of Washington Schools of Medicine and Public Health	Special Government Employee (SGE) Member

			Professor, Department of Special Exercise Science in Government	
Pate, Russell	06/23/2016	02/22/2018	the Arnold School of Public Health at the University of South Carolina	Employee (SGE) Member
			Professor of Kinesiology at the University of Connecticut; joint appointments in the Departments of Allied Health Sciences, Nutritional Sciences, and Physiology and Neurobiology at UConn, and Department of Community Medicine and Health/UConn School of Med	
Pescatello, Linda	06/23/2016	02/22/2018	Public health and epidemiologic consultant; formerly CDC for 25 years and with Georgia Department of Human Resources for nearly 8 years	Special Government Employee (SGE) Member
			President & CEO of Gramercy Research Group in Winston-Salem, NC	Special Government Employee (SGE) Member
Powell, Ken	06/23/2016	02/22/2018		
Whitt-Glover, Melicia	06/23/2016	02/22/2018		

## Number of Committee Members Listed: 17

### Narrative Description

The Committee was established to produce a report to summarize the science relating physical activity to health. This report will support the HHS development of the 2nd edition of the Physical Activity Guidelines for Americans, with a planned 2018 release date.

**What are the most significant program outcomes associated with this committee?**



Checked if  
Applies

Improvements to health or safety	<input checked="" type="checkbox"/>
Trust in government	<input type="checkbox"/>
Major policy changes	<input type="checkbox"/>
Advance in scientific research	<input checked="" type="checkbox"/>
Effective grant making	<input type="checkbox"/>
Improved service delivery	<input type="checkbox"/>
Increased customer satisfaction	<input type="checkbox"/>
Implementation of laws or regulatory requirements	<input type="checkbox"/>
Other	<input type="checkbox"/>

### Outcome Comments

NA

### What are the cost savings associated with this committee?

Checked if Applies

None	<input type="checkbox"/>
Unable to Determine	<input checked="" type="checkbox"/>
Under \$100,000	<input type="checkbox"/>
\$100,000 - \$500,000	<input type="checkbox"/>
\$500,001 - \$1,000,000	<input type="checkbox"/>
\$1,000,001 - \$5,000,000	<input type="checkbox"/>
\$5,000,001 - \$10,000,000	<input type="checkbox"/>
Over \$10,000,000	<input type="checkbox"/>
Cost Savings Other	<input type="checkbox"/>

### Cost Savings Comments

NA

### What is the approximate Number of recommendations produced by this committee for the life of the committee?

1

### Number of Recommendations Comments

The Committee developed a report of 700+ pages that summarizes the science relating physical activity to health outcomes. It can be found at

<https://health.gov/paguidelines/second-edition/report.aspx>.

**What is the approximate Percentage of these recommendations that have been or will be Fully implemented by the agency?**

0%

**% of Recommendations Fully Implemented Comments**

The Committee's report will serve as the basis for the 2nd edition of the Physical Activity Guidelines for Americans, to be created and disseminated by HHS. It is expected to be released near the end of CY 2018.

**What is the approximate Percentage of these recommendations that have been or will be Partially implemented by the agency?**

0%

**% of Recommendations Partially Implemented Comments**

NA

**Does the agency provide the committee with feedback regarding actions taken to implement recommendations or advice offered?**

Yes ☐ No ☒ Not Applicable ☐

**Agency Feedback Comments**

NA

**What other actions has the agency taken as a result of the committee's advice or recommendation?**

Checked if Applies

Reorganized Priorities	<input type="checkbox"/>
Reallocated resources	<input type="checkbox"/>
Issued new regulation	<input type="checkbox"/>
Proposed legislation	<input type="checkbox"/>
Approved grants or other payments	<input type="checkbox"/>
Other	<input type="checkbox"/>

**Action Comments**

NA

**Is the Committee engaged in the review of applications for grants?**

No

**Grant Review Comments**

NA

**How is access provided to the information for the Committee's documentation?**

Checked if Applies

Contact DFO	<input checked="" type="checkbox"/>
Online Agency Web Site	<input checked="" type="checkbox"/>
Online Committee Web Site	<input type="checkbox"/>
Online GSA FACA Web Site	<input type="checkbox"/>
Publications	<input checked="" type="checkbox"/>
Other	<input type="checkbox"/>

**Access Comments**

NA