## 2024 Current Fiscal Year Report: President's Council on Sports, Fitness, and Nutrition

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## 1. Department or Agency <br> Department of Health and Human Services <br> 2. Fiscal Year <br> 2024

## 3. Committee or Subcommittee

3b. GSA
Committee No.
1004
President's Council on Sports, Fitness, and Nutrition

| 4. Is this New During 5. Current | 6. Expected | 7. Expected |  |
| :--- | :--- | :--- | :--- |
| Fiscal Year? | Charter | Renewal Date | Term Date |
| No | $05 / 17 / 2022$ | $05 / 17 / 2024$ |  |


| 8a. Was Terminated During | 8b. Specific Termination <br> FiscalYear? 8c. Actual <br>  Term | Terity Date |
| :--- | :--- | :--- |

No
9. Agency
Recommendation for Next

FiscalYear
Continue

10a. Legislation
Req to Terminate?
No

10b.
Legislation
Pending?
Not Applicable
11. Establishment Authority Presidential
12. Specific Establishment

Authority
13.
$\begin{array}{lll}\text { Effective } & \text { Commitee } 14 \mathrm{c} . \\ \text { Date } & \text { Type }\end{array}$

EO 14048 (amends
Executive Order 13265 of 06/06/2002 Continuing Yes
June 6, 2002, as amended)
15. Description of Committee Non Scientific Program Advisory

Board
16a. Total
Number of
Reports

No Reports for this FiscalYear

17a.
Open 0 17b. Closed 0 17c. Partially Closed 0 Other Activities 0 17d. Total 0

## Meetings and Dates

No Meetings

| 18a(1). Personnel Pmts to | $\$ 0.00 \$ 0.00$ |
| :--- | :--- |
| Non-Federal Members |  |
| 18a(2). Personnel Pmts to | $\$ 0.00 \$ 0.00$ |
| Federal Members |  |

18a(3). Personnel Pmts to $\quad \$ 0.00 \$ 0.00$
Federal Staff
18b(1). Travel and Per Diem to $\quad \$ 0.00 \$ 0.00$
Non-Federal Members
18b(3). Travel and Per Diem to $\quad \$ 0.00 \$ 0.00$
Federal Staff

18b(4). Travel and Per Diem to Non-member Consultants $\$ 0.00 \$ 0.00$ 18c. Other(rents,user charges, graphics, printing, mail, etc.)
19. Federal Staff Support Years
(FTE)

## 20a. How does the Committee accomplish its purpose?

Members of the President's Council on Sports, Fitness \& Nutrition (President's Council) advise the President through the Secretary of the U.S. Department of Health and Human Services (HHS) about ways to promote regular physical activity, fitness, sports participation, and good nutrition. The President's Council's budget and activities are managed by the Office of the President's Council on Sports, Fitness \& Nutrition (OPCSFN), which is housed within the Office of Disease Prevention and Health Promotion (ODPHP) in the Office of
the Assistant Secretary for Health (OASH). Council members play a critical role in identifying additional health promotion partners and activities which serve to extend OPDHP's communication reach. President's Council members provide guidance to the President, through the HHS Secretary, on how to increase awareness of the benefits of regular physical activity, sports participation, and good nutrition to physical and mental health. Council members may serve as subject matter experts on selected topics serve as liaisons to non-profit, public, and private entities. The President's Council has continuous interaction with the public through speaking engagements, social media, and other forms of communication on the importance of regular physical activity and good nutrition. The President's Council also forges a variety of partnerships to help HHS promote and communicate the health benefits of physical activity and good nutrition.

## 20b. How does the Committee balance its membership?

The President's Council may consist of up to 30 members. The President selects individuals with varied experience from multiple sectors. Examples include amateur and professional athletes; health care professionals; nutrition professionals; educators; and individuals with experience in youth sports, public health, disability, or health equity advocacy. The diversity of the members' backgrounds enhances opportunities for them to promote the President's Council's messages, programs, and initiatives to a wide range of groups via speaking engagements and media events.

## 20c. How frequent and relevant are the

## Committee Meetings?

The President's Council typically meets one time per year as a Council but may have more frequent meetings as determined by the Council and Executive Director. Subcommittees of the President's Council typically meet more frequently.

## 20d. Why can't the advice or information this committee provides be obtained elsewhere?

The President's Council is the only federal advisory committee focused solely on physical activity, sports, fitness, and nutrition for the health and well-being of all Americans. It was initially established as the President's Council on Youth Fitness in 1956 by President Dwight D.
Eisenhower to develop and promote physical fitness and sports activities for American youth. Since then, it has functioned in an advisory capacity to the President and the Secretary of Health and Human Services and has provided guidance on ways to expand messaging about the importance of physical activity, sports participation, and good nutrition for the health of Americans of all ages, backgrounds, and abilities. The members of the President's Council provide an invaluable, irreplaceable, and cost-effective resource of expert advisors and high-profile ambassadors on topics such as the benefits and value of sports participation, regular physical activity, and good nutrition for all Americans. The Council members represent a unique connection between the private sector and the federal government, including a direct relationship with HHS that ensures consistent messaging to the American public across physical activity, sports, and nutrition guidance.

## 20e. Why is it necessary to close and/or partially closed committee meetings? <br> PCSFN meetings are open to the public.

## 21. Remarks

The President's Council functions as a non-discretionary federal advisory committee because it was established by a Presidential directive. Under the provisions of the Federal Advisory Committee Act (FACA), the appropriate action must be taken by the President or agency head every two years to authorize continuation of the President's Council. On September 30, 2021, President Joseph Biden released Executive Order 14048, authorizing the President's Council to operate from September 30, 2021 until September 30, 2023. Members of the President's Council serve at the pleasure of the President. Typically, each administration selects a new slate of Council members. On March 23, 2022, President Biden appointed two new Co-Chairs of the President's Council: Elena Delle Donne and José Andrés. In March 2023, President Biden announced his intent to appoint 27 new Council member to join co-chairs, José Andrés and Elena Delle Donne. These appointments were finalized on April 27, 2023. In FY2019, the President's Council contributed to the development of the National Youth Sports Strategy (NYSS). The NYSS is the first federal roadmap intended to unite U.S. sports culture around a shared vision: one day, all youth will have the opportunity, motivation, and access to play sports. Executive Order 14048 calls for the President's Council to continue to promulgate the NYSS to expand children's participation in youth sports, encourage regular physical activity, including active play, and promote good nutrition for all Americans. Additionally, Executive Order 14048 seeks to expand national awareness of the importance of mental health as it pertains to physical fitness and nutrition. To promote the NYSS, the Office of Disease Prevention and

Health Promotion (ODPHP) and the Office of the President's Council on Sports, Fitness \& Nutrition continue to expand the National Youth Sports Strategy Champion initiative (originally launched in FY2020) to recognize qualifying organizations for their work promoting youth sports participation and supporting the NYSS. At the time of this report in FY2023, there are 249 NYSS Champion organizations. At the end of FY2022, the Biden-Harris Administration hosted the White House Conference on Hunger, Nutrition, and Health to bring Americans together to end hunger and increase healthy eating and physical activity by 2030, so that fewer Americans experience diet-related diseases like diabetes, obesity, and hypertension. The Administration also released a National Strategy with actions that the federal government will take and a call to action for partners across all sectors to help end hunger and reduce diet-related diseases and disparities. One of the Council's priorities in FY 2023 was to identify a strategy to help to elevate the goals and action items outlined in this strategy. The only annual reporting requirement that the President's Council must satisfy is to update the file maintained in the FACA database for the Annual Comprehensive Review. For more detailed information about the Council's programs and activities, visit health.gov/our-work/pcsfn.

## Designated Federal Officer

Rachel Ann Fisher Acting Executive Director

| Committee <br> Members | Start | End | Occupation |
| :--- | :--- | :--- | :--- | | Member |
| :--- |
| Designation |


|  |  |  | Special <br> Campos Rivera, |
| :--- | ---: | :--- | :--- |
| Maribel |  |  | Physician, |
| Government |  |  |  |




Number of Committee Members Listed: 30

## Narrative Description

The President's Council advises the President through the Secretary of Health and Human Services on ways to engage, educate, and empower all Americans to adopt a healthy lifestyle that includes regular physical activity and good nutrition. The President's Council also promotes the Department's Healthy People 2030 initiative; the Dietary Guidelines for Americans; the Physical Activity Guidelines for Americans; the National Strategy on Hunger, Nutrition, and Health; the National Youth Sports Strategy; and the National Strategy on Hunger, Nutrition \& Health.

## What are the most significant program outcomes associated with this committee?

Checked if
Applies
Improvements to health or safety
Trust in government
Major policy changes
Advance in scientific research
Effective grant making
Improved service delivery
Increased customer satisfaction
Implementation of laws or regulatory
requirements
Other

## Outcome Comments

The President's Council promotes healthy lifestyles for all Americans on a national level through its health promotion and educational initiatives. President's Council partners promote consumer messages, programs and initiatives of the Department of Health and Human Services and other federal agencies to encourage healthy lifestyles that include regular physical activity and good nutrition. They also play a critical role in identifying additional health promotion partners and activities which serve to extend the communications reach of the President's Council and ODPHP.

## What are the cost savings associated with this committee?

Checked if Applies
None
Unable to Determine
Under \$100,000
\$100,000 - \$500,000
\$500,001 - \$1,000,000
\$1,000,001 - \$5,000,000
\$5,000,001-\$10,000,000
Over \$10,000,000
Cost Savings Other

## Cost Savings Comments

What is the approximate Number of recommendations produced by this committee for the life of the committee?

1

## Number of Recommendations Comments

No new recommendations were made in FY23.

What is the approximate Percentage of these recommendations that have been or will be Fully implemented by the agency?
0\%
\% of Recommendations Fully Implemented Comments
No recommendations were made in FY2023.

What is the approximate Percentage of these recommendations that have been or will be Partially implemented by the agency?
100\%
\% of Recommendations Partially Implemented Comments

Does the agency provide the committee with feedback regarding actions taken to implement recommendations or advice offered?
Yes $\checkmark$ No Not Applicable

## Agency Feedback Comments

Agency feedback is provided during open Council meetings as well as on the President's Council webpages on health.gov.

What other actions has the agency taken as a result of the committee's advice or recommendation?

Checked if Applies
Reorganized Priorities
Reallocated resources
Issued new regulation
Proposed legislation
Approved grants or other payments

## Action Comments

Is the Committee engaged in the review of applications for grants?
No

## Grant Review Comments

Not Applicable

How is access provided to the information for the Committee's documentation?
Checked if Applies
Contact DFO
Online Agency Web Site
Online Committee Web Site
Online GSA FACA Web Site
Publications
Other

Access Comments
N/a

